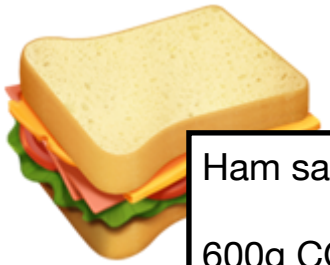
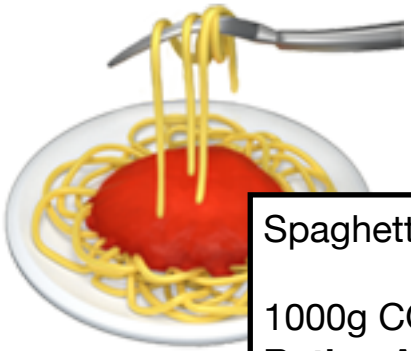
Eat climate friendly



Ham sandwich

600g CO_2eq
Rating C

critical



Spaghetti Napolitana

1000g CO_2eq
Rating A

very good

Fair rated!

- For each dish / product, we provide its CO_2eq value and a **rating**.
- The rating takes into account the **nutritional values** and is normalized to a standard portion*.
- Thus, everything from snacks to main meals can be compared fairly.

* Standard portion corresponds to a weight of approx. 500 and approx. 560kcal (depends on nutritional values)

★★★ = very good ★★☆ = good ★☆☆ = critical

eaternity